



# **2022 UEC ROAD EUROPEAN CHAMPIONSHIPS JUNIORS – U23**

**Anadia (Portugal)**

**7 – 10 July 2022**

## **TECHNICAL GUIDE**

*As of 18.03.2022*

## 1. ORGANISATION

### 1.1. LOCAL ORGANISING COMMITTEE (LOC)

President	Delmino Pereira		<a href="mailto:presidente@fpciclismo.pt">presidente@fpciclismo.pt</a>
General Technical Coordinator	Sérgio Sousa	+351 914 476 701	<a href="mailto:sergio.sousa@fpciclismo.pt">sergio.sousa@fpciclismo.pt</a>
Technical Assistant	José Calado		<a href="mailto:josediogocalado@gmail.com">josediogocalado@gmail.com</a>
General Secretary of the Event	Helder Ferreira	+351 939 181 848	<a href="mailto:helder.ferreira@fpciclismo.pt">helder.ferreira@fpciclismo.pt</a>
Permanence and Accreditation	Melissa Silva		<a href="mailto:melissa.silva@fpciclismo.pt">melissa.silva@fpciclismo.pt</a>
Press Office	José Carlos Gomes	+351 961 935 987	<a href="mailto:comunicacao@fpciclismo.pt">comunicacao@fpciclismo.pt</a>
Safety and Logistics coordinator	Nelson Cordeiro		

Event website: <http://anadia2022.eu/>

### 1.2. UEC REPRESENTATIVES

Enrico Della Casa (ITA)	President
Delmino Albano Magalhães Pereira (POR)	Vice President
UEC General Secretary	Alasdair MacLennan (GBR)
UEC Events Coordinator	Tiziana Lardieri (SUI)
UEC Sports Coordinator / TD	Vladimiro Petsas (GRE)
UEC Safety Coordinator	Mario Minervino (ITA)
UEC Press Officer	Stefano Bertolotti (ITA)
UEC Race Secretary	Lino Nossa (POR)
UEC Photographer	tbc
UEC Video Operator	Christian Bohm (ITA)
<i>UEC Road Commission</i>	
Delmino Pereira (POR)	President
Ruggero Cazzaniga (ITA)	Member
Andriy Grivko (UKR)	Member
Umberto Langelotti (MON)	Member
Marc Tilly (FRA)	Member

***Composition of the Commissaires Panel***

President of the Commissaires Panel	Philippe Marien (BEL)
Commissaire 2	tbc
Commissaire 3	tbc
Commissaires Coordinator	Claúdio Guimarães (POR)
Arrivals Judge	Manuel Filipe (POR)
National Commissaire	Catarina Figueiredo (POR)
National Commissaire	António Pires (POR)
National Commissaire	José Anjos (POR)
National Commissaire	Commissaire's trainee
Moto Commissaire 1	Humberto Fernandes (POR)
Moto Commissaire 2	Vítor Pinto (POR)

***Timing/ /results***

FPC

***Announcers***

Teófilo Fernando (POR)  
Luís Santos (POR)

## 2. GENERAL INFORMATION

### 2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Anadia must be covered by the National Federations.

#### **Airports**

Nearest airports:           Aeroporto de Lisboa, (LIS)  
Distance airport - venue:  
A1 - 229 km - 2h20m. A8 e A17 - 256 km - 2h31m

Aeroporto Francisco Sá Carneiro – Oporto (OPO)  
Pedras Rubras, Maia, Porto 4470  
Distance airport - venue:  
A1 - 97,1 km - 1 hour 13 min. A29 - 103 km - 1 hour 19 min.

Transportation from Lisbon and/or Oporto airports to Anadia and vice versa is possible to arrange with the Organiser for extra payment agreed mutually.

#### **Train**

There aren't direct trains from the airports to Anadia.  
In the airport you need to take the metro to the train station: Porto - Campanhã or Lisboa- Oriente.  
The destination is Paraimo - Sangalhos.

There are fast trains until Aveiro if you come from Porto and Coimbra-B if you come from Lisboa. At this point you must take a regional train to stop at Paraimo -Sangalhos.

For more information, please see <https://www.cp.pt/passageiros/en> .

All participants must hold a valid passport or identity card. Visa obligations must be respected.

Accommodation and transportation requests must be submitted directly to the official travel contacts, below:

#### **Official travel contact**

Central booking:           [hospitality@fpciclismo.pt](mailto:hospitality@fpciclismo.pt)  
Contact person:           Ana Cunha

### 2.2. VISAS

Visa obligations must be respected.

Each Federation is responsible for obtaining documents for their delegation appropriate entries.  
For further information, please visit the embassy website:  
<https://imigrante.sef.pt/en/entrada-em-portugal/>

For all invitation letter requests please contact the UEC: [mail@uec.ch](mailto:mail@uec.ch)

All riders and attendants must hold insurance valid in Portugal.

### 2.3. OFFICIAL ADDRESS OF THE COMPETITION VENUE

#### Time Trial

Anadia Cycling Center - R. Ivo Neves n° 405, 3780-524 Sangalhos, Anadia

#### Road Race

Pavilhão de Desportos de Anadia

GPS: 40.426523, -8.437988

<https://goo.gl/maps/kae3MojMdUqF9oaZ9>

### 2.4. VENUE LAYOUT – COURSES MAPS

The venue layout and the maps of the courses can be found in the appendices at the end of the Technical Guide.

### 2.5. ACCOMMODATION

#### **UEC Official hotel**

Curia Palace Hotel Spa & Golf

Curia – Tamengos, P - 3780-541 Anadia – Coimbra

Phone: +351 231 510 300

Email: [curia@almeidahotels.pt](mailto:curia@almeidahotels.pt)

<https://www.almeidahotels.pt/en/hotel-coimbra>

#### **List of hotels by the LOC**

Grande Hotel do Luso

<https://www.hoteluso.com/pt/>

In Gold Hotel & Spa

<https://www.ingoldhotel.pt>

Estalagem de Sangalhos Sports & Nature Hotel

<https://estalagem.sunlive.pt/pt/>

Estalagem da Pateira

<https://pateira.com>

Hotel Cabecinho

<https://www.hotel-cabecinho.com/>

Hotel Paraíso

<http://www.hotelparaiso.com>

HMB Hotel – Fermentelos

<https://www.hmbhotels.pt/hmb-fermentelos-hotel>

Hotel das Termas da Curia

<https://www.termasdacuria.com>

Curia Clube

<https://curioclubehotel.com-hotel.com/pt/>

For any bookings in the hotels, please contact: [hospitality@fpciclismo.pt](mailto:hospitality@fpciclismo.pt)

## 2.6. MEDICAL – EMERGENCY – LOCAL AUTHORITIES

A team of doctors and paramedics will be present onsite in the race and at the finish line throughout official training sessions and competitions. Nevertheless, a medical room will be available during official training and competition days:

Time Trial: Anadia Cycling Center, in the BMX building, in the room Gabinete Médico, R. Ivo Neves nº 405, 3780-524 Sangalhos, Anadia

Road Race: Pavilhão de Desportos de Anadia  
GPS: 40.426523, -8.437988  
<https://goo.gl/maps/kae3MojMdUqF9oaZ9>

Official Race Doctor: Dr. Filipe Lima Quintas Phone: +351 964 088 850

### Nearest hospitals

Centro Hospitalar e Universitário de Coimbra

Praceta Prof. Mota Pinto

3000-075 Coimbra

Phone: +351 239 400 400

Distance from Anadia: 32,3 kms

Centro Hospitalar do Baixo Vouga

Hospital Infante D. Pedro

Av. Artur Ravara

3810-501 Aveiro

Phone: +351 234 378 300

Distance from Anadia: 31,7 kms

### Emergency ambulance

Phone: 112

**Police** GNR – Destacamento Territorial de Anadia  
Phone : +351 231 512 341

### Riders safety on the roads

- Whilst out on the roads remember to not drive on the highway.
- After dark you will require a front and back light fitted to your bike.
- Ensure you adhere to all road signs and do not ride on the footway; this is illegal and may result in a fine.

Please make sure you have your ID with you when you are outside the venue.

### 3. TEAM SERVICES

#### 3.1. ACCREDITATION

##### Teams/Officials Accreditation

Team Accreditations can be collected from Monday, 4 July 2022, at the accreditation centre:

Sala Museu in the National Velodrome  
R. Ivo Neves n° 405  
3780-524 Sangalhos, Anadia

##### Accreditation Centre opening hours

Monday, 4 July	14:00 – 18:00 only LOC and UEC officials
Tuesday, 5 July	09:00 – 12:00 / 14:00 – 18:00
Wednesday, 6 July	09:00 – 12:00 / 14:00 – 18:00
Thursday, 7 July	09:00 – 12:00 / 14:00 – 18:00
Friday, 8 July	09:00 – 12:00 / 14:00 – 18:00
Saturday, 9 July	09:00 – 12:00 / 14:00 – 18:00
Sunday, 10 July	08:00 – 11:00

Please ensure that you collect your accreditation before arriving at the venue, as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

##### Race Office opening hours

Tuesday, 5 July	09:00 – 12:00 / 14:00 – 18:00
Wednesday, 6 July	09:00 – 12:00 / 14:00 – 18:00
Thursday, 7 July	09:00 – 12:00 / 14:00 – 18:00
Friday, 8 July	09:00 – 12:00 / 14:00 – 18:00
Saturday, 9 July	09:00 – 12:00 / 14:00 – 18:00
Sunday, 10 July	08:00 – 11:00

Location:  
Sala Museu in the National Velodrome  
R. Ivo Neves n° 405  
3780-524 Sangalhos, Anadia

## 4. OFFICIAL MEETINGS

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### 4.1. COMMISSAIRES PANEL MEETING

Date: Wednesday, 6 July  
Time: 10:00  
Location: Conference room, National Velodrome, R. Ivo Neves n° 405, Sangalhos, Anadia

### 4.2. CONFIRMATION / LICENSE CHECK

Date: Wednesday, 6 July  
Time: 11:00 until 14:00  
Location: Conference room, National Velodrome, R. Ivo Neves n° 405, Sangalhos, Anadia

Team managers must confirm all starters, presenting all licenses (with passport for the Juniors category) and provide a sample of teams' apparel.

**During that procedure, the anti-Covid-19 Health Protocol of the country will be applicable, limiting the team managers to maximum 2 persons per nation, depending on the size of the team.**

### 4.3. TEAM MANAGERS MEETING

Date: Wednesday, 6 July  
Time: 19:00  
Location: Conference room, National Velodrome, R. Ivo Neves n° 405, Sangalhos, Anadia

**Timing transponders** will be handed out together with start numbers and must be returned immediately after the race to the Race Office.

**During the team Managers meeting, the anti-Covid-19 Health Protocol of the country will be applicable, limiting the team managers to maximum 2 persons per nation, depending on the size of the team.**

**Attendance is required by:**

- UEC Road Commission President
- UCI and National Commissaires
- Team Managers
- Event Director
- UEC Technical Delegate



## 5. MEDIA

### 5.1. MEDIA CENTRE

The main Media Centre is located in the BMX building, next to the velodrome:  
Sala de Formação, R. Ivo Neves nº 405, 3780-524 Sangalhos, Anadia

During the Road Race, a Media Permanence will also be available in:  
Pavilhão de Desportos de Anadia  
GPS: 40.426523, -8.437988  
<https://goo.gl/maps/kae3MojMdUqF9oaZ9>

In order to access Media Centre an accreditation is necessary.

Media accreditation and photographers' bib's can be collected at the Accreditation Centre (velodrome) during opening hours.

Please ensure that you collect your accreditation as soon as you arrive as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

For any further inquire please contact Mr. Stefano Bertolotti, UEC Press Officer [s.bertolotti@uec.ch](mailto:s.bertolotti@uec.ch) or Mr. José Carlos Gomes, LOC Media representative [comunicacao@fpciclismo.pt](mailto:comunicacao@fpciclismo.pt)

For the Time Trial, Media can park their vehicles at Anadia Cycling Center, BMX Building, R. Ivo Neves nº 405, 3780-524 Sangalhos, Anadia

For the Road Race, Media can park their vehicles at Pavilhão de Desportos de Anadia (GPS: 40.426523, -8.437988 and map <https://goo.gl/maps/kae3MojMdUqF9oaZ9>).

#### **Opening hours main Media Centre:**

Tuesday, 5 July	09:00 – 18:00
Wednesday, 6 July	09:00 – 18:00
Thursday, 7 July	09:00 – 20:00
Friday, 8 July	09:00 – 20:00
Saturday, 9 July	13:00 – 20:00
Sunday, 10 July	13:00 – 20:00

### 5.2. FLASH INTERVIEW ZONE

Next to the Awards Ceremony podium, a flash interview zone will be organised open for the media.

### 5.3. MIXED ZONE

At the exit of the course after the finish line, UEC will organize a Mixed Zone where media can have a short interview with riders they wish to do so.

### 5.4. MEDIA ACCREDITATION

To apply for media accreditation, please visit the UEC website <https://www.uec.ch/en/media>.

For any further inquire please contact Stefano Bertolotti: [s.bertolotti@uec.ch](mailto:s.bertolotti@uec.ch)

## 6. COMPETITION SCHEDULE

### Thursday, 7 July

<b>10.00 – 11.00</b>	<b>Junior Women's Individual Time Trial</b>	<b>22,0 km</b>
<b>11.00 – 12.30</b> 12:45 – 13.05	<b>Junior Men's Individual Time Trial</b> Junior Women's and Junior Men's Award Ceremony	<b>22,0 km</b>
<b>15.00 – 16.00</b>	<b>U23 Women's Individual Time Trial</b>	<b>22,0 km</b>
<b>16.00 – 17.25</b> 17.35– 17.55	<b>U23 Men's Individual Time Trial</b> U23 Women's and U23 Women's Award Ceremony	<b>22,0 km</b>

### Friday, 8 July

<b>10.00 – 11.00</b> 11.10 – 11.20	<b>Juniors Mixed Relay Team Time Trial</b> (First lap for men, second lap for women) Juniors Award Ceremony	<b>44,0 km</b>
<b>11.30 – 12.30</b> 12.40– 12.50	<b>U23 Mixed Relay Team Time Trial</b> (First lap for men, second lap for women) U23 Award Ceremony	<b>44,0 km</b>

**Note: all TT competition program will be finalized in accordance with the entries**

### Saturday, 9 July

<b>10.00 – 12.30</b> 12.40 – 12.50	<b>Junior Women's Road Race</b> Award Ceremony Junior Women	<b>83,1 km (4 laps)</b>
<b>14.00 – 17.10</b> 17.20 – 17.30	<b>Junior Men's Road Race</b> Award Ceremony Junior Men	<b>125,9 km (6 laps)</b>

### Sunday, 10 July

<b>10.00 – 12.50</b> 13.00 – 13.10	<b>U23 Women's Road Race</b> Award Ceremony U23 Women	<b>104,5 km (5 laps)</b>
<b>14.00 – 17.30</b> 17.40 – 17.50	<b>U23 Men's Road Race</b> Award Ceremony U23 Men	<b>147,3 km (7 laps)</b>

## 7. EVENT SPECIFIC REGULATIONS

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### GENERAL RULES

The 2022 European Road Cycling Championships are organised by the Union Européenne de Cyclisme in collaboration with the Portuguese Cycling Federation and the Municipality of Anadia.

The event will be organised in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

The European Road Championships consist of individual time trial races, mixed relay team time trial races and road races scheduled **from 7 to 10 July 2022**.

The Championships are exclusively open to national teams.

### TYPE OF THE EVENT

The Championships are open to riders from the categories:

- **Junior Women**
- **Junior Men**
- **Women U23**
- **Men U23**

It is entered on the UCI calendar as a Continental Championships event (UCI CC).

### PARTICIPATION

National Federations may enter the following riders per Championship:

#### **Individual Time Trial – All age categories**

##### **2 riders per nation / per category**

Reminder: Men's and Women's Under 23 riders who have participated in the Men's Elite and Women's Elite Individual Time Trial at a previous Road European Championships (2019 – 2020 - 2021) may not ride the Individual Time Trial for under 23 riders.

#### **Mixed Relay Team Time Trial – All age categories**

##### **1 team of 4 riders per nation (2 male and 2 female) / per category as follows:**

Juniors: each national team must be composed by a total of four (4) riders:  
2 junior men and 2 junior women of the same nationality.

Under 23: each national team must be composed by a total of four (4) riders:  
2 Under 23 men and 2 Under 23 women of the same nationality.

#### **Road race - All age categories**

##### **6 riders per nation / per category**

Reminder: Men's and Women's Under 23 riders who have participated in the Men's and Women's Elite Road Race at a previous Road European Championships (2019 - 2020 - 2021) may not ride the road race for Under 23 riders.

***The registration will open on 1 June 2022***  
***The registration will close on 26 June 2022 (23:59 CET).***

In accordance with the riders' registration, the National Federations may add to the above-mentioned numbers of riders:

- max 2 reserve riders per category for the Time Trials
- max 2 reserve riders per category (1 per gender) for the Mixed Relay Team Time Trials
- max 4 reserve riders per category for the Road Races

The confirmation of the starters will take place on

**Wednesday, 6 July from 11:00 until 14:00** in

Conference room, National Velodrome, R. Ivo Neves n° 405, Sangalhos, Anadia

**During that procedure, the anti-Covid-19 Health Protocol of the country will be applicable, limiting the team managers to maximum 2 persons per nation, depending on the size of the team.**

The distribution of race numbers and the transponders will take place immediately after the Team Managers meeting.

All riders to contest each Championship shall be confirmed by an official of their Federation.

The Team Managers of the national teams must present the national jersey and shorts to the College of Commissioners for validation upon confirmation of the starters.

Riders ages in the Under 23 and Juniors Championships shall be as defined by the UCI.

#### **TEAM MANAGERS MEETING**

The Team Managers' meeting, organised in accordance with the article 1.2.087 of the UCI regulations in the presence of Members of the Commissaires' Panel, is scheduled on

**Wednesday, 6 July 2022 @ 19:00**

Conference room, National Velodrome, R. Ivo Neves n° 405, Sangalhos, Anadia

**Given the large number of Federations registered and the health protocol / sanitary measures put in place, we ask you to limit the participation in the technical meeting to one (1) representative per nation.**

## INDIVIDUAL TIME TRIAL - ALL

### **Article 1 - Participation**

The events are reserved for riders from the following categories:

Event	Category	Year of birth
Junior Women Individual Time Trial	Junior Women	2004 and 2005
Junior Men Individual Time Trial	Junior Men	2004 and 2005
Women U23 Individual Time Trial	U23 Women	2000, 2001, 2002, 2003
Men U23 Individual Time Trial	U23 Men	2000, 2001, 2002, 2003

These events are open to national teams.

### **Article 2 – Starting order**

The start lists for the **individual time trial** will be prepared by the College of Commissioners and the UEC Technical Delegate taking into consideration various objective criteria such as the UCI classifications and the recent results of each rider.

The riders will start with at identical intervals of one (1) minute.

### **Article 3 - Equipment check**

It is reminded that the riders must present themselves at the equipment check, no later than 15 minutes before their start. All bikes will be checked using a test template that meets UCI standards. Once checked, the bikes will no longer be able to leave the start area. A pre-check of the bikes will be organized one hour before the start of the first rider. Teams can present their bikes to check the conformity of their equipment with the UCI rules.

### **Article 4 - Technical neutral service**

Neutral assistance will be available using 3 vehicles.

### **Article 5 - Following vehicles**

Team vehicles will be able to follow their riders.

If a national team needs a vehicle to follow its rider, this must be announced and declared by the team managers, to the commissaries' during the starters' confirmation. Feeding of riders from following vehicles is prohibited.

### **Article 6 - Split times**

One (1) intermediate timing point will be set up in the km 10. Timing gaps will be communicated on Radio-Tour.

### **Article 7 - Hot seat and awards ceremony**

#### **Hot seat**

As part of the TV production, a "Hot Seat" will highlight the 3 best riders with the best 3 provisional times.

The "Hot Seat" is installed at the arrival area as an extension of the finish line. Immediately after their arrival, the riders having established the best provisional times will join the "Hot Seat", guided by an escort put in place by the organization. As soon as those 3 best times are beaten, the riders will give way to the new riders at the top of the provisional classification and so on. The team managers will take care to inform the riders and the assistants of the teams of these provisions.

### **Awards Ceremony**

The first 3 riders of each event will present themselves for the award ceremony no later than 10 minutes after the last rider has crossed the finish line.

UEC awards a European Champion jersey to the winner. Each rider on the podium receives a medal.

## MIXED RELAY TEAM TIME TRIAL - ALL

### **Article 1 - Participation**

The events are reserved for riders from the following categories:

Events	Category	Year of birth
Junior Men & Junior Women Mixed Relay Team Time Trial	Junior Men & Juniors Women	2004 and 2005
U23 Men & U23 Women Mixed Relay Team Time Trial	U23 Men & U23 Women	2000, 2001, 2002, 2003

These events are open to national teams.

### **Article 2 – Starting order**

The start lists for the **mixed relay team time trial** will be prepared by the College of Commissioners and the UEC Technical Delegate taking into consideration various objective criteria such as the UCI classifications and the recent results of each team.

The teams will start at identical intervals, set by the organizers, depending on the number of teams, registered for each category.

**For both age categories, men will start first and relay the women of their team.**

### **Article 3 - Equipment check**

It is reminded that the teams must present themselves at the equipment check no later than 15 minutes before their start. All bikes will be checked using a test template that meets UCI standards. Once checked, the bikes will no longer be able to leave the start area. A pre-check of the bikes will be organized one hour before the start of the first team. Teams can present their bikes to check the conformity of their equipment with the UCI rules.

### **Article 4 - Technical neutral service**

Neutral assistance will be available using 3 vehicles.

### **Article 5 - Following vehicles**

Team vehicles will be able to follow their team.

Each team has the possibility of following their riders with a team vehicle per gender, (type of the vehicle according to the UCI rules) accredited by the organization, providing technical assistance if necessary. The men's team vehicle must take the diversion point before the finish line and a second team vehicle will follow the women. Feeding of riders from following vehicles is prohibited.

If a national team needs a vehicle to follow its team, this must be announced and declared by the team managers, to the commissaries' during the starters' confirmation. Feeding of riders from following vehicles is prohibited.

### **Article 6 - Split times**

One (1) intermediate timing point will be set up in the km 10. A second split time will be set at the finish line. Timing gaps will be communicated on Radio-Tour.

### **Article 7 - Relay area**

At the start, the riders will be held side by side on the ramp, then released by the holders who held them on the relay signal, but without being pushed. The signal for the start of the relay, will be given by raising a red flag. The riders must respect the instructions given by the Commissaires who will supervise the relay area and assign the starting lines.

### **Article 8 - Hot seat and awards ceremony**

#### **Hot seat**

As part of the TV production, a "Hot Seat" will highlight the 3 best riders with the best 3 provisional times.

The "Hot Seat" is installed at the arrival area as an extension of the finish line. Immediately after their arrival, the riders having established the best provisional times will join the "Hot Seat", guided by an escort put in place by the organization. As soon as those 3 best times are beaten, the riders will give way to the new riders at the top of the provisional classification and so on. The team managers will take care to inform the riders and the assistants of the teams of these provisions

#### **Awards Ceremony**

The first 3 riders of each event will present themselves for the awards ceremony no later than 10 minutes after the last rider has crossed the finish line.

UEC awards a European Champion jersey to the winning team. Each rider on the podium receives a medal.



## ROAD RACES

### **Article 1 - Participation**

The events are reserved for riders from the following categories:

Event	Category	Year of birth
Junior Women Road Race	Junior Women	2004 and 2005
Junior Men Road Race	Junior Men	2004 and 2005
Women U23 Road Race	U23 Women	2000, 2001, 2002, 2003
Men U23 Road Race	U23 Men	2000, 2001, 2002, 2003

These events are open to national teams.

### **Article 2 - Procedures before start**

#### **Signature**

The entire national team riders must present themselves for the signing podium.

The signature podium will be open 45 minutes before each departure and will be closed 10 minutes before each departure. During the signature, national teams will be presented to the public and media, according to the schedule, set and communicated by UEC.

Riders who have not signed will not be able to start.

**Note: This procedure may be reviewed according to the health protocol and sanitary measures implemented by the UCI and local authorities.**

#### **Radio communication between riders and team managers**

The use of headsets and any means of remote communication at the European Championships is prohibited.

### **Article 3 - Clothing apparel / equipment**

The World Champions will have to wear their rainbow jersey.

Continental and National Champions must wear their national apparel / equipment.

### **Article 4 - Technical neutral assistance and feeding zone / waste zones.**

Neutral assistance will be available for road races using 3 cars and 1 motorcycle.

A "remote" feeding/technical assistance zone will be located in front of the Complexo Desportivo de Anadia.

Waste zones will be located 100 meters before and after the feeding/technical assistance zone. Riders must respect the environment and use the waste areas.

Breakdown and change of wheel or bicycle can be carried out directly by the teams in the feeding/technical assistant zone and / or by the team vehicle.

Feeding from the team vehicle will also be authorized, in accordance with the UCI Regulations.

#### **Article 5 - Following vehicles**

Breakdown assistance during the race from the vehicles of the team managers is authorised, in accordance with the following provisions:

Only one vehicle per nation is allowed to drive to the race level, in the following order:

- vehicles of nations according to the UEC lists
- a maximum of 25 vehicles of national teams will be authorized in the race section. The groupings of nations will be communicated by the UEC after the confirmation of the starters
- for individual riders who will not have a team vehicle in the race section, neutral assistance will be provided

Within each group, the order is determined by the latest UCI rankings by nation. The order of the remaining unclassified nations is determined by lot.

For several nations sharing the same vehicle, the highest ranked nation is taken into account.

#### **Article 6 - Finishing time limits**

Any rider dropped and who is more than 15 minutes behind the peloton may be eliminated by the Commissaires; he/she must remove his/her bib and give it to the Commissaire or to the broom car.

If he/she wishes to ride to the end, he/she must comply with vehicle traffic laws and NOT cross the finish line. Any rider who is 12 minutes behind the leading group on the approach of the last lap will be stopped at the discretion of the Commissaires and will not be allowed to cross the finish line.

Riders on the circuit who are about to be overtaken will be stopped at the finish line.

#### **Article 7 - Awards ceremony**

The first 3 riders of the race will present themselves for the official ceremony no later than 10 minutes after the passage of the first rider on the finish line. The team managers will take care to inform the riders and the assistants of the teams of these provisions.

UEC awards a European Champion jersey to the winning rider. Each rider on the podium receives a medal.

## GENERAL INFORMATION

### Radio Tour

Race information will be transmitted by Radio Tour at each event. The frequency will be communicated during the team managers meeting.

The radios will be given to the team leaders each day one hour before the start of each event.  
Location: Teams Parking

Team managers must sign a form upon receipt and return of their radio set. The radios must be returned at the end of each test.

### Team cars

Team cars will be able to follow the race for all categories. In accordance with article 2.2.032 of the UCI regulations, the vehicles used must respect a maximum height of 1.66 meters (roof racks not included). These regulations do not apply for time trial races.

The order of team cars will be determined according to the provisions in the specific articles for the road races, in accordance with the number of riders by nation and safety criteria.

Nations with a reduced number of riders will be called upon to share the same vehicle.

### Ceremonies and prize money

#### **Jersey and medals**

At the end of each event the 3 best riders (teams) will receive:

- 1st place: European Champion jersey and Gold medal**  
**2nd place: Silver medal**  
**3rd place: Bronze medal**

#### **Prize money list** (Amounts in Euro):

Place	JUNIOR MEN		JUNIOR WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 300,00	€ 700,00	€ 300,00	€ 700,00
2nd	€ 210,00	€ 490,00	€ 210,00	€ 490,00
3rd	€ 120,00	€ 280,00	€ 120,00	€ 280,00
<b>Total</b>	<b>€ 630,00</b>	<b>€ 1'470,00</b>	<b>€ 630,00</b>	<b>€ 1'470,00</b>

### **UCI Points scale**

In accordance with the articles 2.10.008 and 2.10.017 of the UCI ranking points for the UCI Europe Tour WU and MU categories will be awarded.

Place	U23 MEN		U23 WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 1'000,00	€ 2'000,00	€ 1'000,00	€ 2'000,00
2nd	€ 700,00	€ 1'400,00	€ 700,00	€ 1'400,00
3rd	€ 400,00	€ 800,00	€ 400,00	€ 800,00
<b>Total</b>	<b>€ 2'100,00</b>	<b>€ 4'200,00</b>	<b>€ 2'100,00</b>	<b>€ 4'200,00</b>

### **Antidoping controls**

The UCI antidoping regulations are entirely applicable to the event.

The antidoping tests will take place at the Antidoping Station located at:

TT: National Velodrome, Balneário 5 and 6, R. Ivo Neves n° 405, 3780-524 Sangalhos, Anadia

Road Race: In the camper parked at the finish area (GPS: 40.426833, -8.435639 and map <https://goo.gl/maps/irVmVQNSetfg59hx5>)

### **Penalties**

The UCI penalty scale is the only one applicable.

### **Responsibilities**

The Organiser and the UEC cannot, in any case, be held responsible in the event of accidents or material damage which may occur during official training and / or competitions.

The Organiser and the UEC decline any responsibility towards the riders, accompanying persons and third parties in the event of an accident.

**In all cases not provided for in the specific regulations, the UCI regulations will be applicable.**

## 8. APPENDICES

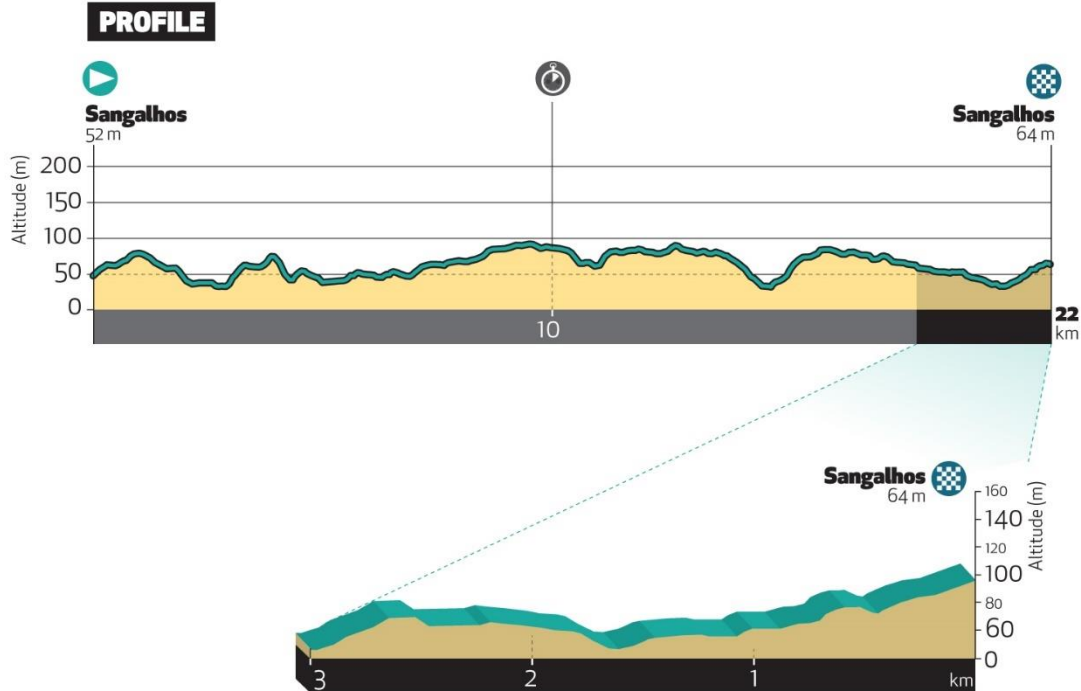
### 8.1. TIME TRIAL CIRCUIT MAP



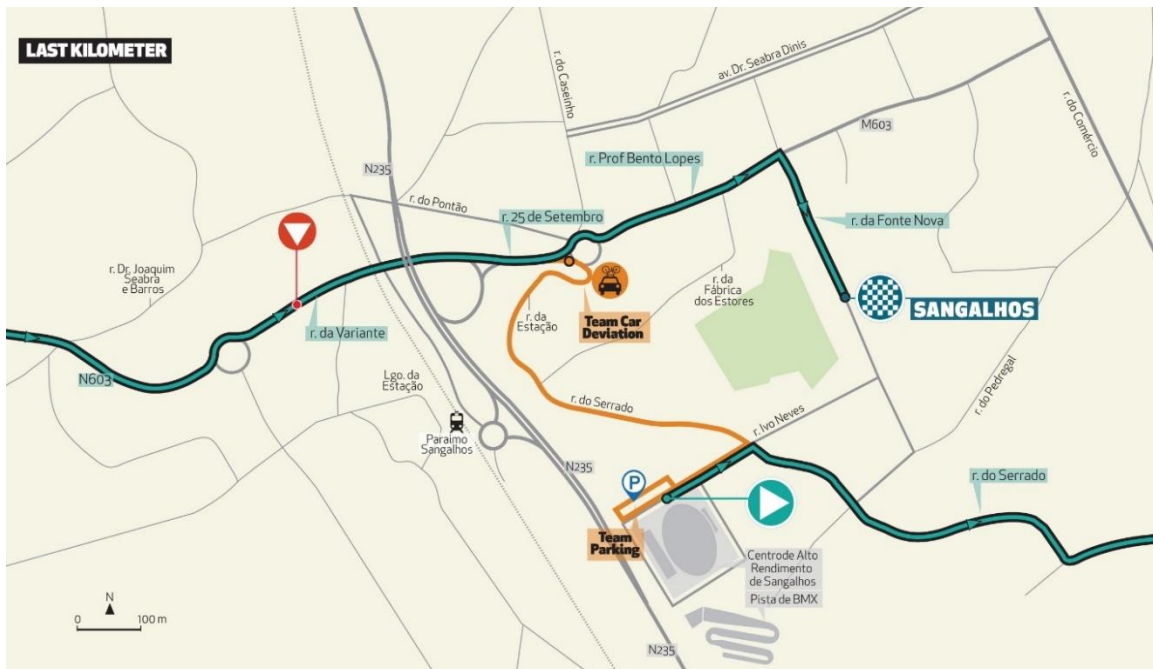
ITT GPS track- <https://www.plotaroute.com/route/1850480>

Mixed Team Relay – GPS track: <https://www.plotaroute.com/route/1850454>

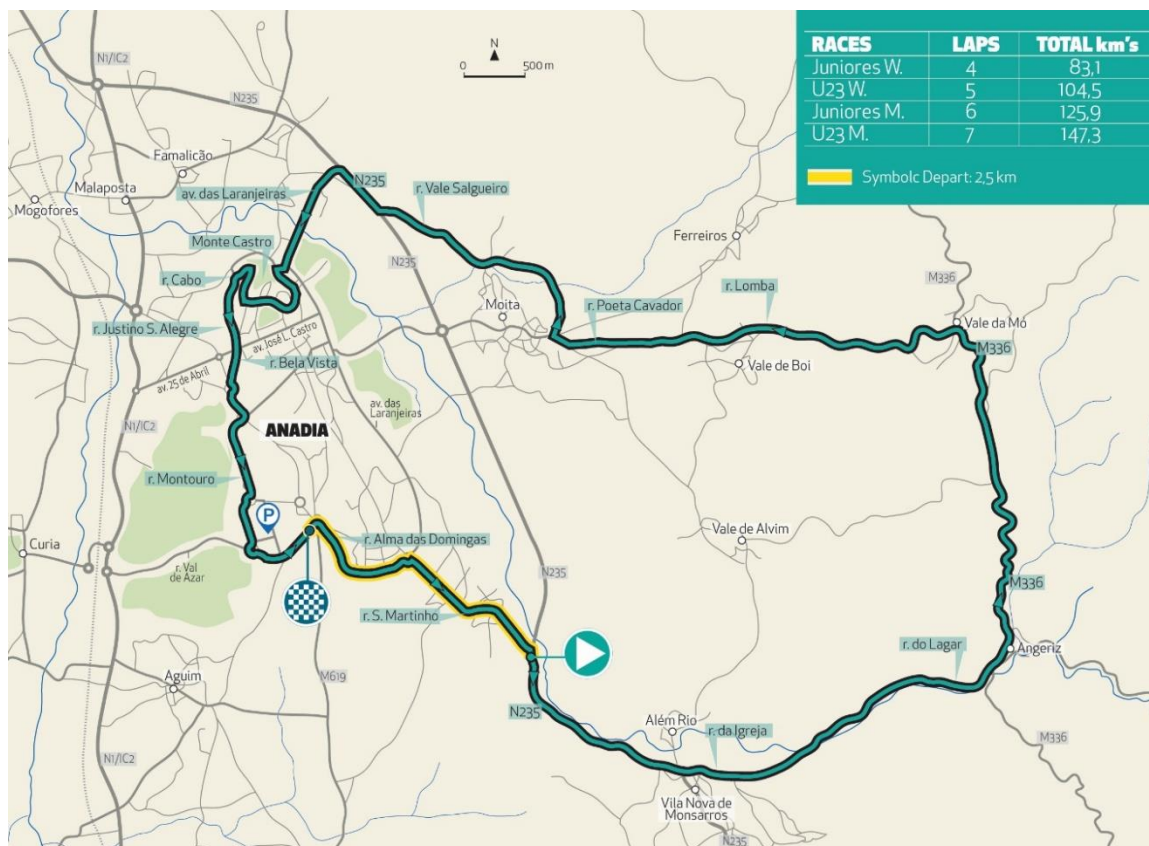
### 8.2. TIME TRIAL CIRCUIT PROFILE



### 8.3. TIME TRIAL – LAST KM



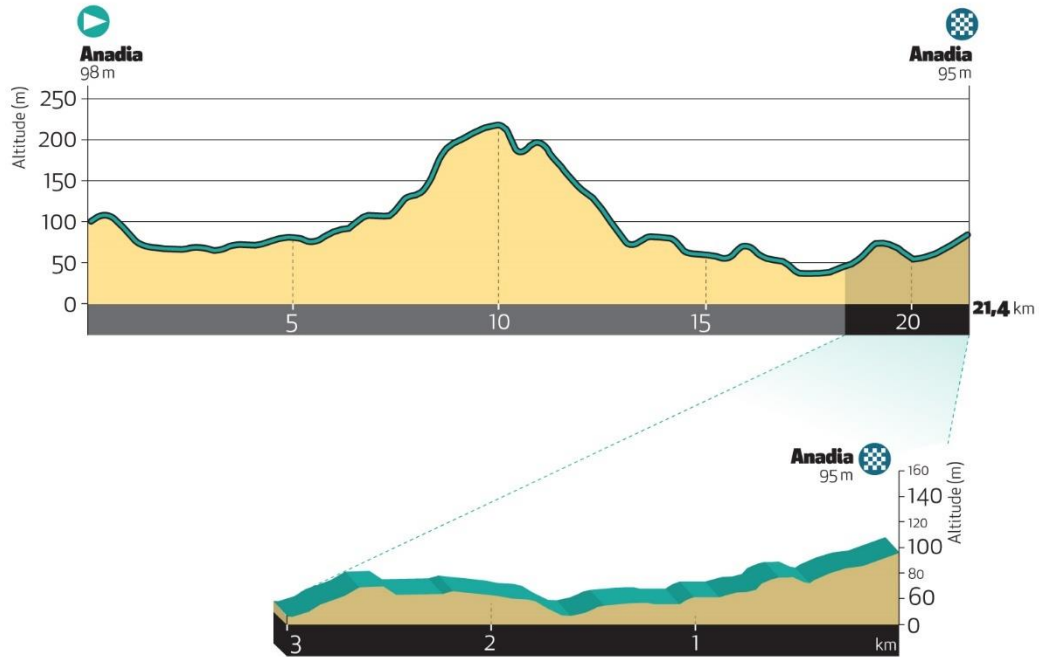
### 8.4. ROAD RACE CIRCUIT MAP



Road GPS track- <https://www.plotaroute.com/route/1850446>

**8.5. ROAD RACE CIRCUIT PROFILE**

**PROFILE**



**8.6. ROAD RACE – LAST 3 KMS**

